

Pos	Race No	Member No	Name	Time	Age Group	Age Pos	Category	Cat Pos	Swim	T1	Cycle	T2	Run
1	57		Douglas JACK	00:52:36	SEN		1 Open	1	00:09:22	00:02:01	00:28:20	00:00:35	00:12:16
2	58		Duncan HYDE	00:53:22	SEN		2 Open	2	00:09:38	00:02:02	00:27:15	00:00:57	00:13:28
3	51		Kate FORSTER	00:56:13	SEN		1 Female	1	00:07:22	00:01:32	00:30:21	00:00:46	00:16:09
4	50		Lucy FREW	00:57:10	SEN		2 Female	2	00:07:30	00:01:17	00:31:13	00:00:32	00:16:35
5	56		Wiktorija GLOWACKA	00:57:18	SEN		3 Female	3	00:09:57	00:02:00	00:27:53	00:00:30	00:16:55
6	53		Harriet KELLY	00:57:39	V40		1 Female	4	00:08:02	00:02:16	00:30:15	00:00:33	00:16:30
7	54		Matt ADAMS	01:02:20	SEN		3 Open	3	00:09:50	00:02:36	00:34:58	00:00:26	00:14:29