

PRICE LIST 2019/20

	ADULT	CONC.	JUNIOR
One Club			
Gym visit	£6.50	£4.95	£3.95
Class 1 hr (at all locations)	£5.25	£4.25	£4.25
Class 45 mins	£5.25	£4.25	£4.25
Class 30 mins	£4.25	£4.25	£4.25
Personal training 1 hr	£31.00	-	-
Powerplate with instructor 30 mins	£18.75	-	-
Powerplate no instructor 30 mins	£8.25	-	-
Gym induction	£16.00	-	-
Gym programme	£16.00	£7.75	-
7 day pass	£26.50	-	-
6 week One Club pass	£62.00	-	-

Health products

Active ageing classes	£4.00	-	-
Health conditions classes	£3.75	-	-
Mental health and wellbeing support	£2.00	-	-
Activity referral membership - monthly	£20.75	-	-

One Club membership

YOUR OPTION	YOUR COMMITTED PRICE	YOUR FLEXIBLE PRICE
Start up fee	£20.00	£20.00
Swim only	£26.50 per month	£36.50 per month
Gym only	£26.50 per month	£36.50 per month
Class only	£26.50 per month	£36.50 per month
One Club (all)	£31.00 per month	£40.00 per month

“Every penny you spend with us is reinvested into supporting active, creative & healthy communities in the Scottish Borders.”