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|----------------------------------------|---------------|
| Monday 22nd July 2024                  | Time          |
| Lane 1 Swimming                        | 07:00 - 08:00 |
| Lane 2 Swimming                        | 07:00 - 08:00 |
| Lane 3 Swimming                        | 07:00 - 08:00 |
| Lane 1 Swimming                        | 08:00 - 09:00 |
| Lane 3 Swimming                        | 08:00 - 09:00 |
| Lane 2 Swimming                        | 08:00 - 09:00 |
| S L Crash Course                       | 09:00 - 09:30 |
| S L Crash Course                       | 09:30 - 10:00 |
| Rehab                                  | 10:00 - 11:00 |
| Lane 1 Swimming                        | 11:00 - 12:00 |
| Public Swimming                        | 11:00 - 12:00 |
| Lane 2 Swimming                        | 11:00 - 12:00 |
| Lane 2 Swimming                        | 12:00 - 13:00 |
| Lane 1 Swimming                        | 12:00 - 13:00 |
| Public Swimming                        | 12:00 - 13:00 |
| Inflatable Fun                         | 13:30 - 14:30 |
| Public Swimming                        | 14:30 - 15:30 |
| Learn 2 Swim Pool Closed To The Public | 15:45 - 16:15 |
| Learn 2 Swim Pool Closed To The Public | 16:25 - 16:55 |
| Splash Group                           | 17:00 - 17:30 |
| Lane 3 Swimming                        | 17:15 - 18:15 |
| Lane 1 Swimming                        | 17:15 - 18:15 |
| Lane 2 Swimming                        | 17:15 - 18:15 |
| Eyemouth Swimming Club                 | 18:00 - 21:00 |
| Swimming Club                          | 18:15 - 21:15 |